

A Guide To Post Adoption Resources



New Jersey Department of Children and Families
Office of Adoption Operations – Adoption Subsidy Program

Post Permanency Services

The New Jersey Adoption Subsidy Program provides support and assistance to families after their adoption is finalized. Although a caseworker is no longer assigned to your child, your family now has an assigned Subsidy Specialist to assist you with concerns or questions, and obtaining community resources. Your Subsidy Specialist can help with Medicaid, subsidy payments, address changes, and other issues important to your family.

New Jersey Adoption Resource Clearing House (NJ ARCH)

Information and Resource – Statewide Directory – Adoption Support Groups
Parent Training – Conferences and Events – Newsletters and More

www.njarch.org

1- 877-4ARCHNJ (427-2465)

Support and Advocacy for Foster and Adoptive Families

Embella (formerly FAFS)

Advocacy/Support Services – Liaison/Mediation Services – Information Resources – Referral Services
Education/Training – Public Awareness/Recruitment – Recreational Fund – Scholarship Fund
Community Based Support

www.embrella.org

1-800-222-0047 or 609-520-1500

1-877-NJ-FOSTER (653-6783)

1-800-99-ADOPT (992-3678)

Post Permanency Financial Resources

Direct Deposit/Debit Cards

For questions about your direct deposit account, call 1-844-830-6178 or visit
www.njdcpfpaymentcenter.com

For questions about your debit card, call 1-833-322-1442
www.GoProgram.com

Financial Assistance Resources

Children's Catastrophic Illness Relief Fund

Financial help for families overwhelmed by a child's medical bills
1-800-335-FUND (1-800-335-3863)

Supplemental Nutrition Assistance Program (SNAP)

Federal benefit program which helps eligible working and non-working low income individuals and families pay for food.
mynjhelps.gov/home

General Financial Assistance

Contact your County Board of Social Services.
The link below will provide you with the County Welfare Agencies phone numbers and addresses.

<https://www.nj.gov/humanservices/njsnap/home/cbss.shtml>
Division of Family Development (Main Number) 1-800-792-9773
<https://www.state.nj.us/humanservices/dfd/home/>

NJ Helps

Find services and programs for children, families and individuals.
You can also get prescreened for eligibility for Food Stamps, Medicaid and other programs.

www.njhelps.org

NJ Housing Resource Center

For accessible and affordable housing

<https://nj.gov/dca/hmfa/>
609-278-7400

WIC Program

Nutrition program providing nutritious foods to supplement the diets of pregnant, breast feeding, or post-partum women, as well as children up to the age of five.

www.state.nj.us/health/fhs/wic

Utility Bill Assistance

NJ Department of Community Affairs

<https://www.nj.gov/dca/>

Low Income Home Energy Assistance (LIHEAP)

<https://www.nj.gov/dca/divisions/dhcr/offices/hea.html>
1-800-510-3102

NJ Shares

<https://njshares.org/>
1-866-657-4273

Universal Service Fund (USF)

<https://www.nj.gov/dca/divisions/dhcr/offices/usf.html>
1-866-240-1347 or 1-800-510-3102

Medical Insurance: Medicaid and Healthcare Marketplace

Medicaid Hotline: 1-800-356-1561

Health Benefits Identification Card (Replacement Card): 1-877-414-9251

Health Maintenance Organization (HMO): 1-800-701-0710 (ask for a CP&P representative)
njfamilycare.org

Healthcare Marketplace

Healthcare Marketplace provides health insurance for anyone who does not have health or dental insurance, or who may have insufficient insurance

www.healthcare.gov

1-800-318-2596

Other Support Services

Adolescent Services and Resources

Provides information and resources for employment and career planning, educational resources, healthcare, LGBTQI resources, pregnant and parenting youth, and statewide youth resources and supports.

www.nj.gov/dcf/adolescent/
609-888-7100

NJ Youth Resource Spot

www.njyrs.org

Educational Resources

New Jersey Department of Children and Families Scholarship Programs

Tuition and scholarship programs provide funds for eligible applicants to attend public institution of higher learning or county vocational schools.

www.embrella.org

1-800-222-0047 or 609-520-1500

SPAN~ Statewide Advocacy Network

Parents can receive support from SPAN as a resource for a student's Individualized Education Program (IEP).

800-654-7726

Office of Special Education

Office of Special Education Ombudsman offers valuable resources and information to support parents, students and educators regarding special education rights and services.

NJ DHS Resource Guide

https://www.state.nj.us/humanservices/dds/documents/RD/2021/DHS_NJ_Resource_Guide_English-2020-web.pdf

609-376-9060

Casey Family Programs and Foster Care to Success

Since 2000, The Casey Family Programs and Foster Care to Success Scholarships have helped thousands of foster youth and former foster youth attend and graduate from college and post-secondary training programs.

Undergraduate scholarships range from \$1500 to \$6000 annually and are renewable for up to five years.

Applicants must have been adopted from care after their 16th birthday, or have been in care for the consecutive 12 months prior to their 18th birthday. Scholarship recipients are eligible to participate in the Foster Care to Success Academic Success, Senior Year Coaching and Aim Higher Fellows programs, and to receive care packages.

For more information on the Casey Family Scholarship Program and Foster Care to Success, visit

www.fc2success.org

(571) 203-0270

Federal Student Aid (FAFSA)

Application for all federally funded student aid

<https://studentaid.gov/h/apply-for-aid/fafsa>

1-800-4-FED-AID (433-3243)

TTY at 1-800-730-8913

Division of Mental Health Services for Adults

<https://nj.gov/humanservices/dmhas/home/>

1-800-382-6717

988 Suicide & Crisis Lifeline

<https://www.nj.gov/humanservices/dmhas/initiatives/988/>

One Simple Wish

One Simple Wish grants wishes for foster child, children who have aged out of foster care and vulnerable children and families throughout the United States.

www.onesimplewish.org

Help Line NJ 2-1-1

Basic Human Needs Resource

Food banks, clothing closets, shelters, rental assistance, utility assistance

Support for Seniors and Persons with Disabilities

Adult day care, congregate meals, Meals on Wheels, respite care, home health care, transportation, homemaker services

Support for Children, Youth and Families

Childcare, after school programs, Kids Care (health insurance programs), family resource centers, summer camps and recreation programs, mentoring, tutoring, protective services

Physical and Mental Health Resources

Health insurance programs, Medicaid and Medicare, maternal health, Children's Health Insurance Program, medical information lines, crisis intervention services, support groups, counseling, drug and alcohol intervention and rehabilitation

Employment Supports

Financial assistance, job training, transportation assistance, education programs

Family Helpline

Parents feeling stressed can call and work through their frustrations 24 hours a day 7 days a week . The staff is made up of trained volunteers of Parents Anonymous.

1-800-THE-KIDS (843-5437)

***Dial 2-1-1 from any phone or visit www.nj211.org for more information**

Child Behavioral, Emotional, and/or Disability Challenges

Behavioral Health Services for Children and Youth

Division of Children's System of Care (CSOC) - PerformCare

Staff is available 24 hours a day, 7 days a week to help families get in-home counseling, behavioral health, and developmental disabilities services for children.

Mobile response assistance is available 24 hours a day during a mental health crisis.

www.performcarenj.org

1-877-652-7624

NJ Department of Children and Families Youth Hotline

This youth hotline serves all youth and young adults in New Jersey.

Youth get help with their daily challenges from professional staff and trained volunteers.

Anonymity and confidentiality are assured except in life threatening situations.

www.2ndfloor.org

24 hours a day – 7 days a week

1-888-222-2228

Adoption KLG Clinical Services

There are now free in-home therapeutic support services available to post adoption and post kinship legal guardianship families. The goals of AKLG Clinical Services are for children to gain relationship experience to grow and heal emotionally and for families to build stronger relationships with increased feelings of attachment, trust, and safety. Treatment is available for pre-and post-adoptive and kinship families who live in New Jersey and whose child was placed through New Jersey's Child Protection agency. Children and teenagers aged 20 years old and younger are eligible. Please call the program coordinator at 551-224-2711 or email Dperez@cafsnj.org for more information.

Adoption Factsheet Series for Parents

Child Welfare Information Gateway has publications about parenting adopted children.

- **Parenting Your Adopted Preschooler**

provides practical strategies to promote a warm and loving parent-child relationship based on honesty and trust. It offers information on development, talking about adoption, and appropriate discipline.

- **Parenting Your Adopted School-Age Child**

offers simple, practical approaches for building attachment, talking honestly about adoption, acknowledging your child's adoptive history, and enhancing the school experience of children ages 6–12.

- **Parenting Your Adopted Teenager**

is designed to help adoptive parents understand their adopted teenager's experiences and needs so parents can respond with practical strategies that foster healthy development. These strategies include approaches that acknowledge trauma and loss, support effective communication, promote a teen's independence, and address behavioral and mental health concerns.

Find more fact sheets at
www.childwelfare.gov/catalog



Child Welfare Information Gateway

PROTECTING CHILDREN ■ STRENGTHENING FAMILIES

The National Foster Care and Adoption Directory (NFCAD) Mobile App

Locating and connecting to foster care and adoption contacts and services just got easier! Child Welfare Information Gateway launched the NFCAD mobile app for smartphones and tablets.

NFCAD provides contact and location information for organizations, groups, agencies, and experts across the child welfare field. The mobile app is a user-friendly way to find, filter, and save information on direct service providers, support groups, and related foster care and adoption organizations.

The NFCAD mobile app is free and available for IOS devices at the App Store and for Android at GooglePlay.



CHILDREN'S AID
AND FAMILY SERVICES

Adoption and Kinship Legal Guardianship Clinical Services (AKLG)

Children who have experienced abuse, neglect, or abandonment while in the care of their birth families often suffer from the effects of significant trauma. Their early experiences with loss cause them to struggle to feel safe with a parent or caregiver. As a result, they may behave in ways that appear unpredictable, oppositional, and even extreme.

Adoptive parents or caregivers may find it hard to manage the behaviors and connect with their children emotionally. Providing supportive care and effective treatment is crucial to help children recover from trauma and encourage healing within adoptive or kinship families.

We're here to help

Children's Aid and Family Services has extensive experience supporting pre- and post-kinship and adoptive families on their unique journeys. Unlike traditional treatment, our therapists work with you and your family in a collaborative partnership to help your child recover from trauma as well as strengthen your relationships.

Our therapists are trained in Dyadic Developmental Psychotherapy, an attachment-focused treatment for families with kinship, foster, or adopted children. It emphasizes families working together with the therapist to help their children who experienced neglect, abuse, and trauma while with their birth families.

Goals for you and your family

The goals of AGLG Clinical Services are for children to gain relationship experience to grow and heal emotionally and for families to build stronger relationships with increased feelings of attachment, trust, and safety.

Eligibility:

- Treatment is available for pre-and post-adoptive and kinship families who live in New Jersey and whose child was placed through New Jersey's Child Protection agency.
- Children and teenagers aged 20 years old and younger are eligible.

Location:

Our therapist meets weekly with you and your family in the comfort of your home. The focus is on you -- *the parent or caregiver* -- and helping you build a solid relationship with your child.

Cost:

There is no cost for our services.

Contact:

Please call our program coordinator at 551-224-2711 or email Dperez@cafnsj.org for more information.

This program is funded by a contract with the Department of Children and Families.





DCF Office of Adoption Operations/Adoption Subsidy Unit
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Trenton, NJ 08625-0717
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fax 1-609-943-4147

www.state.nj.us/njfofosteradopt/subsidy